# Crohn's In Childhood Research Association (CICRA) REPORT & ACCOUNTS

# Year ended 31 Dec 2022



Registered Charity Numbers: England & Wales 278212 Scotland SC04070

Unaudited Financial Statements for the Year Ended 31 December 2022

Tudor John Limited Nightingale House 46-48 East Street Epsom Surrey KT17 1HQ

Contents of the Financial Statements for the year ended 31 December 2022

	Page
Report of the Trustees	1 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10
Notes to the Financial Statements	11 to 19
Detailed Statement of Financial Activities	20 to 21

# **Report of the Trustees** for the year ended 31 December 2022

The trustees present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The Trustees are confident that during 2022 the objectives of the charity were met by continuing to fund research which increases knowledge and understanding of Crohn's disease and Ulcerative colitis, collectively known as Inflammatory Bowel Disease (IBD).

Whilst seeking the cause and cure the charity continued to provide support and information for parents and children and continued to raise awareness amongst the general public of the devastating effect this condition continues to have on young lives.

Activity levels in 2022 started to return towards pre-Covid times but there was still a lingering effect of reduced staffing levels affecting both fundraising events and face to face meetings such as Family Information Days.

# **OBJECTIVES AND ACTIVITIES**

#### **Objectives and aims**

The principal objects for which the Society is established are for the relief of persons suffering from, and to promote and advance public education and research into, Crohn's Disease, Ulcerative Colitis and related disorders.

#### **Public benefit**

The trustees have referred to the Charity Commission's general guidance on Public Benefit when reviewing their aims and objectives.

#### **Grantmaking Policy**

To meet one of its primary objectives, the Charity invests in medical research into the causes and treatment of Inflammatory Bowel Disease (Crohn's Disease and Ulcerative Colitis), particularly as it affects children and young adults. Applications for research funding are invited from relevant medical and scientific institutions and are then subjected to a rigorous peer review process, involving independent specialist referees and the CICRA Awards Advisory Panel. Typically, the research awards fall within four categories: 3-year Research Training Fellowships, 3-year PhD Studentships, 1-2 year research projects and grants for specific statistical projects related to IBD in childhood. Bursary grants to help with the costs of UK based health professionals and students in training (doctors, nurses and final year medical students) involved in IBD research, attending scientific/medical meetings. These are awarded at the discretion of the Trustees. Also awarded at the discretion of the Trustees, a small start-up grant for young scientists/doctors in training, to carry out an innovative or pilot study.

# ACHIEVEMENT AND PERFORMANCE

#### Governance, Management & Human Resources

At the Annual General Meeting, held on Microsoft Teams on 31<sup>st</sup> July 2022, One Trustee, Graham Lee, stood down and was re-elected for a further 3-year term. Two new members, Kylie Malloy and Helen Smallcoombe were nominated and elected to the Board of Trustees.

CICRA continued to operate with reduced staffing through 2022, partly due to uncertainty around the lasting impact of the pandemic on income, Margaret Lee continued to be responsible for the research process, the day-to-day accounting, working with accountants Tudor John Limited and general office and support work. Trustee/Treasurer, Simon Coleman, continued to be responsible for financial affairs. Other Trustees continued to undertake additional activities in connection with specific areas of work such as fundraising, information technology and representation on external committees. One additional part-time staff member was hired to support the charity's activities.

The Sutton office reopened from lockdown in 2021 and all staff and one Trustee worked from there throughout 2022. The trustees held their committee meetings as a combination of online and face to face. Plans remained in place to cover an increased workload which was due to the queries relating to the vulnerability of children with IBD plus the definite increase in the amount of children being diagnosed, and at an earlier age. This increased workload, with a decreased staff, was able to be met due to Trustees, who work on a voluntary basis, taking on extra responsibilities and the current staff offering to work extra hours also on a voluntary basis.

#### Report of the Trustees for the year ended 31 December 2022

# ACHIEVEMENT AND PERFORMANCE

#### Research

The principal objective of the charity is to raise funds to maintain and expand a research programme to help bring about better treatments and quality of life for children and young adults with Inflammatory Bowel Disease. Also, to discover, through good basic science, the cause and an eventual cure. Since its foundation in 1978 CICRA has funded 25 Training Fellowships, 24 PhD Studentships, 62 Research Projects and set up the first Paediatric Gastroenterology Laboratory in the UK.

During the period under review CICRA continued the funding of the following research **Research Projects** 

Professor Holm Ühlig, Oxford University - Setting up the Paediatric IBD BioResource

Dr Annabel David, Oxford University - Understanding stigma in the adolescents with Inflammatory Bowel Disease

At the end of 2022 the John Earnshaw start-up grant was awarded to Zachary Green at the Noah's Ark Children's Hospital, Cardiff *"To examine the feasibility of Non-Invasive"* 

Monitoring with Bowel Ultrasound in Paediatric Inflammatory bowel disease and correlation with inflammatory markers, disease activity scores and as a predictor of changes in treatment (NIMBUS Study.)

Renewal of a regular consumables grant to support the work undertaken in the Paediatric Gastroenterology Laboratory at St Bartholomew's & The Royal London Hospital.

To ensure transparency and appropriate application of CICRA funds, the Trustees follow a strict Peer Review system using external referees from the UK and other countries, and their own appointed Medical Advisory Panel (AAP), all working in an honorary capacity. Based upon the recommendations of the Awards Advisory Panel and MAP Chairman, the Trustees make the final decision and award the grants. This Peer Review applies to all applications for financial support with the exception of the very minor grants. Annual written reports are required for all awards and are reviewed by the Trustees and Medical Advisors. CICRA encourages the publication of both positive and negative research results.

Due to unavoidable delays and the uncertainties over the COVID years, earlier grants were still underway but progressing well. Annabel David's project experienced many delays however was completed in 2022 Given these delayed starts, and continued uncertainty over post-pandemic cash flows, the trustees decided that it would be prudent to not issue a research call in 2022 and defer it to 2023.

CICRA continues to hold a Certificate of Good Practice from the Association of Medical Research Charities which enables the charity to use the AMRC 2020 audit logo to show that our process for granting awards is of a high standard.

#### Report of the Trustees for the year ended 31 December 2022

# ACHIEVEMENT AND PERFORMANCE

#### Information and Support

CICRA works with Regional Paediatric Centres, specialist units and also district general hospitals across the UK who treat children with IBD and who distribute 'Parent Packs' to the parents of newly diagnosed children.

CICRA works closely with Paediatric IBD specialist nurses at various paediatric gastroenterology units around the country, their regular contact with the young patients and families is vital and much appreciated.

CICRA 'Can't Wait' cards are available for children to help them explain their condition when in urgent need of a toilet.

The ePals scheme puts young IBD sufferers in contact with each other via e mail and is greatly valued by youngsters and their parents. Feedback received from parents highlighted the value of this scheme in enabling young people to share their experiences and realise that they are not alone.

"E-Pals came at just the right time for my son, as he was in hospital and desperate for something positive. Having contact from people who understood what he was experiencing was great. I want to say thank you - because that time in hospital was a very dark time for him and having contact with people lifted his spirits just when he (and 1!) needed it".

Unfortunately no Family Information Days were held in 2022, initially due to formal Covid-19 restrictions and then out of concern for the risk of assembling a large group of potentially clinically-vulnerable children. Planning started for these to resume in 2023.

"Amongst a lot of direct support to patients and families through online and telephone contacts CICRA also runs wonderful family days. Health professionals queue up to help these events and the feedback shows how effective and important they really are".

# Prof Nick Croft MBBS PhD FRCPCH

Demand for support grew through 2022 as health services continued to be stretched and as the number of children and young people being diagnosed with IBD increased. Of concern is the continued unprecedented requests for support from parents of extremely young children with IBD. The support which CICRA offers remains a lifeline for many families, and is recognised by both parents and professionals alike.

In 2022 we produced a leaflet entitled 'Babies and Children with Inflammatory Bowel Disease' and sent this out to 3000 GP surgeries.in the hope that if they had a very young child with IBD symptoms they would at least think of this as a possibility. We outlined the support we offer and the research we have funded over almost 45 years.

#### Report of the Trustees for the year ended 31 December 2022

# ACHIEVEMENT AND PERFORMANCE

# Increasing awareness

Most CICRA face to face meetings were again postponed until things are settled enough for families to feel comfortable in a crowded room and venues are once again free for meetings such as ours. In a normal year, these meetings provide opportunities to network and co-ordinate with healthcare professionals and policy makers as well as to learn about the latest developments in treatments and possible causes of Inflammatory Bowel Disease, especially as it affects the young. Trustees normally play an active role in organising and attending these meetings. In 2022 Trustees and staff maintained contact with healthcare professionals and organisations and tuned in to many virtual meetings. It should be noted that Trustees do not receive any remuneration and only claim travel and budget style overnight accommodation expenses, in line with the charity's expense guidelines.

The CICRA newsletter compiled and edited by the trustees and staff, is one of the main vehicles, along with the website and social media, for publicising the effect that Inflammatory Bowel Disease can have on children, and for the public to become more aware of their needs.

CICRA continues to publish 'easy to understand' information booklets which are always in high demand. CICRA also offers information and support for parents regarding possible school problems and setting up an Individual Health Plan. This literature covers all ages plus information on what help is available during exam time.

CICRA continues to develop and improve its website, which contains many information resources, and maintains a social media presence, primarily on Facebook

#### Membership

CICRA does not charge a fixed membership fee as the Trustees continue to believe that all parents of children affected by Crohn's disease and Ulcerative colitis should have access to CICRA literature and information on their child's condition, regardless of their financial position but they invite members to make a donation as and when they wish or are able to do so. All literature is issued free of charge but encourage downloading from the website if possible. Membership is open to patients, parents, their families and friends, medical professionals and anyone interested in furthering the understanding of, and research into, inflammatory bowel disease in children and young adults.

#### **CICRA** members fundraising

As with all other charities fundraising by members was disrupted by the pandemic in 2020/2021 but 2022 saw an increasing return to some fundraising events. The Trustees are very grateful for the loyal support received from members through this period.

#### Links with other organisations

CICRA is a member of the Association of Medical Research Charities (AMRC), the National Institute for Health Research (NIHR), the National Council for Voluntary Organizations (NCVO) and is registered with the Fundraising Regulator.

CICRA continues to work with BSPGHAN (British Society of Paediatric Gastroenterology Hepatology and Nutrition), the BSPGHAN Public Patient Participation (PPP) representative and the five associated gastro charities and in particular Crohn's and Colitis UK.

CICRA exchanges newsletters and information with the many national and international organizations dealing with Inflammatory Bowel Disease and responds to enquiries from overseas, sign posting also to sister organisations as appropriate.

# FINANCIAL REVIEW

#### Financial position

As of end of December 2022 the accumulated funds stood at £676,754 of which £625,985 represented unrestricted funds. Research commitments for future years and detailed in Note 17 to the accounts amount to £85,096. In the year under review there was £51,000 of legacy income, Trust income was £52,600, other activities and donations £130,967 and investment income £4,500. Of the £676,754 accumulated funds as at 31st December 2022, £356,398 is in Fixed Deposit Cash Funds. Other surplus funds are in accounts with CAF, COIF and NatWest.

#### Report of the Trustees for the year ended 31 December 2022

#### FINANCIAL REVIEW(Contd)

#### Investment policy

The charity's constitution authorises the trustees to make and hold investments using the funds of the charity. There are no restrictions on the trustees' power to invest, although the trustees take appropriate advice before making any investments that carry more than a low degree of risk.

#### **Reserves** policy

CICRA has no significant secure income, relying almost totally on voluntary contributions, donations, grants and fund-raising activities. In consequence the trustees believe that it is essential to have sufficient funds to ensure continuity in the event of a temporary reduction in income. The trustees have agreed a policy to hold reserves on deposit equal to a minimum of six months operational expenses and covering long term commitments. At the end of 2022 we estimate these to be  $\pounds 140,000$ . In addition to this we have  $\pounds 50,769$  of funds restricted to specific projects and  $\pounds 85,096$  for future research commitments. We continuously review our research programme to ensure that we are up to date with current findings. The remaining reserves of  $\pounds 400,919$  will be used to fund research recommended to our Trustees by our Medical Advisory Panel following a rigorous peer review. The Trustees have earmarked  $\pounds 250,000$  of this for a research fellow and will fund raise to add to the  $\pounds 150,919$  balance to enable extra research projects to be commissioned.

#### OUTLOOK

The Trustees are hopeful that a return to relative normality will allow them to increase charitable activities in 2023 and plans are in place to restart our popular family information days, with interest expected to be high from both families and medical professionals.

The Trustees also plan to advertise for research applications in 2023 now that the future looks a little more settled.

The setting up of the Paediatric IBD BioResource project led by Professor Holm Uhlig at Oxford, and funded by CICRA, suffered from delays during the pandemic but with a time extension we are pleased to say that many Paediatric Centres are now in the course of setting up, or planning, their local group to collect this ongoing data. The Trustees consider that it is vital that CICRA continues to fund peer reviewed research and to support the families and young people diagnosed with Crohn's disease and Ulcerative Colitis which continues to increase, both in the UK and across the world for which neither cause nor cure are yet known. Much has been achieved over the years in terms of diagnosis and treatment of paediatric IBD, however the dramatic increase in prevalence we are seeing today means that research is needed more than ever. Of particular concern is the increase in Very Early Onset IBD (VEOIBD) in extremely young children.

Alongside the need to ramp up research efforts, the Trustees are conscious of the need to increase CICRA's support offering to meet unprecedented demand for support from concerned families. This is being driven partly by an increase in prevalence, and partly by over-stretched healthcare services being unable to provide the patient support that they would like to.

As we rebuild post-pandemic, the Trustees are also reviewing the structure of the charity in order to ensure that it is set up to achieve its charitable aims in the long term. A key challenge that the charity faces is to grow its income in order to fund the increase in activities, such as fundraiser support, family day organisation and administration of the grant awards process. The cost of living crisis is expecting to put additional pressure on CICRA. Looking ahead, 2023 will be the 45<sup>th</sup> anniversary of CICRA's founding which the Trustees intend to mark with a fundraising campaign.

The CICRA Trustees will continue to review and manage the charity prudently during recovery from the current economic turbulence. They will do all they can to continue as far as possible with the research and support programmes planned.. The focus will be to restore the charity's income and ramp up our research, support and awareness efforts.

At the present time the contribution that CICRA makes to the field of paediatric IBD remains as vital as ever. We believe that the surge in new IBD diagnoses creates an urgent need for further research and support, particularly for the very early onset cases which appear to show a huge increase over recent years.

#### Report of the Trustees for the year ended 31 December 2022

# STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The Crohn's in Childhood Research Association (CICRA), an unincorporated charitable association, is registered in England & Wales under Charity Number 278212 and in Scotland under Charity Number SC040700. CICRA is governed by an amended constitution adopted at the Annual General Meeting on 14 October 1989.

#### Recruitment and appointment of new trustees

The board of trustees shall be not less than six and not more than twelve members of the Association elected at the Annual General Meeting. The trustees have the power to co-opt members to fill a casual vacancy or as an addition to the existing trustees. One third of the members of the Board shall retire each year in order of seniority but may be eligible for re-election

The Trustees meet on average every six weeks and are responsible for determining policies, the budget and overall management of the charity. The small staff team and office volunteers are responsible for undertaking the day-to-day running of the Association, carrying through the policies, budget and day to day administration as determined by the Board of Trustees. As well as representing the charity at medical meetings some Trustees continue to actively assist in the office and in the organisation of events.

#### Induction and training of new trustees

New Trustees co-opted during the year, or elected at the AGM, are given an induction course by the Chair outlining the objects as set out in the Constitution, the roles of the other Trustees, the present financial standing of the charity and its commitments. Trustees are asked to take on or share responsibility for overseeing a certain aspect of the charity i.e. research, finance, communication technologies, outreach and support, etc.

#### **Risk management**

The trustees continue to regularly examine the strategic, business and operational risks to which the charity is exposed, and confirm that they have put in place systems to mitigate those risks as far as they are able to do.

# **REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity numbers** England & Wales 278212, Scotland SC040700

Principal address Pat Shaw House

13-19 Ventnor Road Sutton Surrey SM2 6AQ

Trustees

Mr G Lee (Chair) Mr S Coleman Mr P Cooper Mr N Gooding Mrs M Lee MBE Ms C Malloy Ms K Malloy Mrs N Pitney-Hall

Report of the Trustees for the year ended 31 December 2022

### **REFERENCE AND ADMINISTRATIVE DETAILS**

Independent Examiner Tudor John Limited Nightingale House 46-48 East Street Epsom Surrey KT17 1HQ

# Hon. Awards Advisory Panel

Professor I Sanderson (Chairman) Dr P Deb Professor S Ennis Dr J Epstein Dr M Gasparetto Dr R Heuschkel Professor T MacDonald Dr S Protheroe Professor H Uhlig Professor D Wilson

Hon. Clinical Directors Dr K Blakeley Dr J Epstein

28/09/2023

Approved by order of the board of trustees on ...... and signed on its behalf by:

Magaat Les

Mrs Margaret Lee MBE - Trustee

#### Independent Examiner's Report to the Trustees of Crohn's in Childhood Research Association

# Independent examiner's report to the trustees of Crohn's in Childhood Research Association

I report to the charity trustees on my examination of the accounts of Crohn's in Childhood Research Association (the Trust) for the year ended 31 December 2022.

#### **Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act') and the terms of the Charities and Trustee Investment (Scotland) Act 2005. The Charity's trustees consider than an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that the requirement of Regulation 10(l)(a) to (c) of the 2006 Accounts Regulations does not apply and that an independent examination is required. It is my responsibility to examine the accounts as required under Section (44(J)(c) of the Act and to state whether particular matters have come to my attention.

I report in respect ofmy examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act and in accordance with Regulation 11 of the 2006 Accounts (Scotland) Regulations.

#### Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undetiake the examination because I am a registered member ofICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Trust as required by section 130 of the Act and Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations (Scotland); or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

H.H. Day

H. M. Day BSc FCA DChA

Tudor John Limited Nightingale House 46-48 East Street Epsom Surrey KT17 1HQ

Date: 08th September 2023

# Statement of Financial Activities for the year ended 31 December 2022

INCOME AND ENDOWMENTS FROM	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Donations and legacies		185,717	25,000	210,717	249,025
Other trading activities Investment income	2 3	23,850 4,500	-	23,850 4,500	27,005 38
Total		214,067	25,000	239,067	276,268
EXPENDITURE ON					
Raising funds	4	64,473	-	64,473	53,694
Charitable activities	5	40 ((1	10.294	(0.045	06 520
Research Support and information programme		40,661 74,404	19,384 3,124	60,045 77,528	86,539 76,300
Other		14,875		14,875	10,752
Total		194,413	22,508	216,921	227,285
NET INCOME		19,654	2,492	22,146	48,983
<b>RECONCILIATION OF FUNDS</b> Total funds brought forward		606,331	48,276	654,607	605,624
TOTAL FUNDS CARRIED FORWARD		625,985	50,768	676,753	654,607

# Balance Sheet 31 December 2022

		Unrestricted funds	Restricted funds	2022 Total funds	2021 Total funds
FIXED ASSETS	Notes	£	£	£	£
Tangible assets	10	-	-	-	-
Investments	11	356,397		356,397	353,265
		356,397	-	356,397	353,265
CURRENT ASSETS					
Stocks	12	3,347	-	3,347	3,788
Debtors Cash at bank and in hand	13	39,768		39,768	36,439
Cash at bank and in hand		261,615	50,768	312,383	303,298
		304,730	50,768	355,498	343,525
CREDITORS					
Amounts falling due within one year	14	(35,142)	-	(35,142)	(42,183)
			<u> </u>		
NET CURRENT ASSETS		269,588	50,768	320,356	301,342
TOTAL ASSETS LESS CURRENT LIABILITIES		625,985	50,768	676,753	654,607
					. <u> </u>
NET ASSETS		625,985	50,768	676,753	654,607
	16				
FUNDS Unrestricted funds	16			625,985	606,331
Restricted funds				50,768	48,276
TOTAL FUNDS				676,753	654,607

The financial statements were approved by the Board of Trustees and authorised for issue on 28/09/2023 and were signed on its behalf by:

Magaat La

Mrs Margaret Lee MBE - Trustee

Sulean.

S Coleman - Trustee

The notes form part of these financial statements

#### Notes to the Financial Statements for the year ended 31 December 2022

# 1. ACCOUNTING POLICIES

#### BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value.

#### **FINANCIAL REPORTING STANDARD 102 - REDUCED DISCLOSURE EXEMPTIONS**

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

• the requirements of Section 7 Statement of Cash Flows.

#### INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

#### EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

# TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment	33% straight line
Furniture and equipment	20 - 33% straight line

#### STOCKS

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

#### TAXATION

The charity is exempt from tax on its charitable activities.

#### FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

# Notes to the Financial Statements - continued for the year ended 31 December 2022

# 1. ACCOUNTING POLICIES - continued

#### **INVESTMENTS**

Investments are shown in Balance Sheet at the year end market value. Any unrealised gains or losses on revaluation are accounted for in the period in which they arise. Realised and unrealised gains and losses are combined in the appropriate section of the SOFA.

# 2. OTHER TRADING ACTIVITIES

	2022 £	2021 f
Merchandise (incl xmas)	8,407	2 7,940
Christmas/summer draw	10,880	12,982
200 Club	4,563	6,083
	23,850	27,005

# 3. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	1,368	50
Schroders Fixed Interest account	3,132	188
	4,500	238

#### 4. RAISING FUNDS

#### **RAISING DONATIONS AND LEGACIES**

	2022	2021
	£	£
Staff costs	15,988	7,951
Trustees' expenses	249	114
Postage and stationery	5,323	2,851
Office costs (40%)	19,664	19,042
Marketing and advertising	732	1
Legal and bank costs	58	1,554
Lotteries	5,007	5,626
Other fundraising expenses	10,823	11,881
Staff expenses	-	23
Outsourcing	2,852	2,852
	60,696	51,895

2022

2021

# Notes to the Financial Statements - continued for the year ended 31 December 2022

# 5. CHARITABLE ACTIVITIES COSTS

6.

Research Support and information programme	Direct Costs (see note 6) £ 6,904 <u>77,528</u> 84,432	Grant funding of activities £ 53,141 	Totals £ 60,045 77,528 137,573
DIRECT COSTS OF CHARITABLE ACTIVITIES			
		2022	2021
		£	£
Staff costs		14,489	20,047
Trustees' expenses		2,243	1,027
Postage and stationery		9,886	5,295
Office costs (60%)		29,497	28,563
Marketing and advertising		21,704	18,172
Family meetings		2,000	540
Legal fees		87	2,332
Volunteer expenses		248	-
Outsourcing		4,278	4,278
Staff expenses		-	3,058
Depreciation			513
		84,432	83,825

# 7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

TRUSTEES' EXPENSES		
	2022	2021
	£	£
Trustees' expenses	2,492	1,141

No Trustee received any remuneration for their services as a Trustee. A total of £2,492 (2021: £1,141) was reimbursed to 3 Trustees (2021: 1). These Trustees carry out tasks in furtherance of the charity's objectives on an expenses only basis and these costs have been allocated as appropriate to Research, Support & Information and Cost of Generating funds.

# Notes to the Financial Statements - continued for the year ended 31 December 2022

# 8. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
Administration	4	4

No employees received emoluments in excess of £60,000.

9.	COMPARATIVES FOR THE STATEMENT OF FINANCIA	L ACTIVITIES Unrestricted funds £	Restricted funds £	funds funds   £ £   54,133 249,025   - 27,005
	<b>INCOME AND ENDOWMENTS FROM</b> Donations and legacies	184,892	64,133	249,025
	Other trading activities Investment income	27,005 238	-	27,005 238
	Total	212,135	64,133	276,268
	EXPENDITURE ON Raising funds	53,694	-	53,694
	<b>Charitable activities</b> Research Support and information programme	45,732 44,396	40,807 31,904	86,539 76,300
	Other	10,752		10,752
	Total	154,574	72,711	227,285
	NET INCOME/(EXPENDITURE)	57,561	(8,578)	48,983
	<b>RECONCILIATION OF FUNDS</b> Total funds brought forward	548,770	56,854	605,624
	TOTAL FUNDS CARRIED FORWARD	606,331	48,276	654,607

# Notes to the Financial Statements - continued for the year ended 31 December 2022

# 10. TANGIBLE FIXED ASSETS

10.	TANGIBLE FIXED ASSETS	Improvements to property £	Fixtures and fittings £	Totals £
	COST At 1 January 2022 and 31 December 2022	3,850	49,156	53,006
	<b>DEPRECIATION</b> At 1 January 2022 and 31 December 2022	3,850	49,156	53,006
	NET BOOK VALUE At 31 December 2022	<u> </u>		-
	At 31 December 2021		-	
11.	FIXED ASSET INVESTMENTS		2022	2021
	Other		£ 356,397	£ 353,265
	There were no investment assets outside the UK.			
	Investments (neither listed nor unlisted) were as follows:			
	Schroders Fixed Deposit account		2022 £ 356,397	2021 £ <u>353,265</u>
12.	STOCKS		2022	2021
	Stocks		£ <u>3,347</u>	£ 3,788
13.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YI	EAR	2022	2021
	Prepayments and accrued income		£ 39,768	£ 36,439

# Notes to the Financial Statements - continued for the year ended 31 December 2022

# 14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	2022	2021
	£	£
Trade creditors	20,969	36,026
Taxation and social security	253	126
Other creditors	13,920	6,031
	35,142	42,183

# 15. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2022 £	2021 £
Within one year Between one and five years	38,000 98,167	26,447
	136,167	26,447

# 16. MOVEMENT IN FUNDS

	At 1.1.22	Net movement in funds	Transfers between funds	At 31.12.22
	£	£	£	£
Unrestricted funds				
General fund	468,459	19,654	52,776	540,889
Designated fund	137,872	-	(52,776)	85,096
				······································
	606,331	19,654	-	625,985
Restricted funds				
Support meetings	8,892	16,876	-	25,768
Family Days	16,000	-	-	16,000
Research grants	14,383	(14,383)	-	
Parenting packs	9,000	-	-	9,000
Global Make Some Noise	1	(1)		
	48,276	2,492	<u> </u>	50,768
TOTAL FUNDS	654,607	22,146		676,753

# Notes to the Financial Statements - continued for the year ended 31 December 2022

# 16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds		-	
General fund	214,067	(194,413)	19,654
Restricted funds			
Support meetings	20,000	(3,124)	16,876
Research grants	.5,000	(19,383)	(14,383)
Global Make Some Noise		<u>(1</u> )	(1)
	25,000	(22,508)	2,492
TOTAL FUNDS	239,067	<u>(216,921</u> )	22,146

# Comparatives for movement in funds

	At 1.1.21	Net movement in funds	Transfers between funds	At 31.12.21
	£	£	£	£
Unrestricted funds				
General fund	334,216	57,561	76,682	468,459
Designated fund	214,554	-	(76,682)	137,872
	548,770	57,561	-	606,331
Restricted funds				
Support meetings	7,001	1,891	-	8,892
Family Days	16,000	-	~	16,000
Research grants	24,690	(10,307)	-	14,383
Parenting packs	-	9,000	-	9,000
Global Make Some Noise	9,163	(9,162)		1
	56,854	(8,578)		48,276
TOTAL FUNDS	605,624	48,983		654 607
IOTALI PUNDO	003,024	40,905	-	654,607

# Notes to the Financial Statements - continued for the year ended 31 December 2022

# 16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	212,135	(154,574)	57,561
Restricted funds			
Support meetings	3,800	(1,909)	1,891
Research grants	30,500	(40,807)	(10,307)
Parenting packs	9,000	-	9,000
Global Make Some Noise	20,833	(29,995)	(9,162)
	64,133	(72,711)	(8,578)
TOTAL FUNDS	276,268	(227,285)	48,983

#### Support Meetings

This fund represents amounts donated to CICRA towards the cost of the Support Meetings held.

#### **Research Grants**

This fund represents amounts donated to CICRA towards the cost of Research Grants.

#### **Parenting Packs**

This fund represents amounts donated to CICRA towards the costs of providing parenting packs.

#### **Global Make Some Noise**

This fund represents amounts donated to CICRA by the Global Make Some Noise Charity towards the cost of a support worker.

#### 17. OTHER FINANCIAL COMMITMENTS

The Charity has future grant commitments already entered into and spread over the years to 2023 - 2024 inclusive, totalling £85,096 (2021: £137,872) These multi-year grants are reviewed annually and payments for second and subsequent years are only made upon receipt of satisfactory progress reports. Consequently, the trustees do not consider it appropriate to make provision for these commitments in the financial statements.

Existing research commitments:	£
Grant awarded to: Professor Holm Uhlig, Oxford University	41,360
Grant awarded to: Professor Annabel David Oxford University	36,536
Laboratory consumables grant: Prof. Ian Sanderson, Barts & the Royal London Hospital	7,200
	85,096
The timing of the above commitments is as follows:	
Grant Commitments 2023	76,824
Grant Commitments 2024	8,272

# Notes to the Financial Statements - continued for the year ended 31 December 2022

# 18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2022.

# Detailed Statement of Financial Activities for the year ended 31 December 2022

	for the year chuck 51 December 2022	2022	2021
		£	£
INCOME AND ENDOWMENTS			
<b>Donations and legacies</b> Donations		210,717	249,025
Donations		210,717	249,025
Other trading activities		0.40-	
Merchandise (incl xmas) Christmas/summer draw		8,407 10,880	7,940
200 Club		4,563	12,982 6,083
200 0100			
		23,850	27,005
Investment income			
Deposit account interest		1,368	50
Schroders Fixed Interest account		3,132	188
		4,500	238
Total incoming resources		239,067	276,268
			_,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
EXPENDITURE			
EXTERDITORE			
Raising donations and legacies			
Trustees' expenses		249	114
Wages Social security		15,988	7,788 86
Pensions		-	77
Postage and stationery		5,323	2,851
Office costs (40%)		19,664	19,042
Marketing and advertising		732	1
Legal and bank costs Lotteries		58 5,007	1,554 5,626
Other fundraising expenses		10,823	11,881
Staff expenses		-	23
Outsourcing		2,852	2,852
		60,696	.51,895
		00,090	.51,695
Other trading activities			
Merchandise (including Christmas car	rds)	3,777	1,799
Charitable activities			
Trustees' expenses		2,243	1,027
Wages		14,489	19,391
Social security		-	326
Pensions Postage and stationery		- 9,886	330 5,295
Office costs (60%)		29,497	28,563
Carried forward		56,115	54,932

This page does not form part of the statutory financial statements

# Detailed Statement of Financial Activities for the year ended 31 December 2022

	2022	2021
Charitable activities	£	£
Brought forward	56,115	54,932
Marketing and advertising	21,704	18,172
Family meetings	2,000	540
Legal fees	87	2,332
Volunteer expenses	248	2,352
Outsourcing	4,278	4,278
Staff expenses	-	3,058
Depreciation of tangible fixed assets	-	513
Grants to institutions	53,141	79,014
	137,573	162,839
Other		
Wages	8,914	2,448
Trustee insurance	1,525	1,226
Accountancy	3,630	3,500
Legal and bank costs	806	589
Staff expenses	-	2,989
	14,875	10,752
Total resources expended	216,921	227,285
Net income	22,146	48,983

This page does not form part of the statutory financial statements

•