



**bake, eat and do some good!**  
raise funds for children with IBD this Christmas

**cicra**   
better lives for children with crohns and colitis

Kick off the festive season in style with a special cake-filled event to raise vital funds to support children with Crohn's and colitis. Hold one at your workplace, school or home and invite colleagues, friends and family.

Everyone bring a cake, collect a donation for every slice, pop on the kettle and indulge!

Just £50 can help fund our new leaflets for schools or help young people with our symptom tracker, to help children and their families understand and cope with their condition.

We can provide you with special edible CICRA cake toppers, posters and a t-shirt for the organiser.

It's a simple and easy way to help raise awareness, so why not organise yours to take place during Crohn's and Colitis Awareness Week at the start of December?



share your cake  
photos with us  
#merryCICRAMas  
@cicracharity



For more information and to register your interest email [fundraising@cicra.org](mailto:fundraising@cicra.org) or visit

[cicra.org/cake](http://cicra.org/cake)

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