Crohn's In Childhood Research Association (CICRA)

REPORT & ACCOUNTS

for the year ended 31 Dec 2019



Registered Charity Numbers: England & Wales 278212 Scotland SC04070

REGISTERED CHARITY NUMBER: England & Wales 278212 Scotland: SCO40700

CROHN'S IN CHILDHOOD RESEARCH ASSOCIATION

Unaudited Financial Statements for the Year Ended 31 December 2019

Tudor John Limited Nightingale House 46-48 East Street Epsom Surrey KT17 1HQ

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Report of the Trustees for the year ended 31 December 2019

The trustees present their report with the financial statements of the charity for the year ended 31 December 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The Trustees are confident that during 2019 the objectives of the charity were met by continuing to fund research which increases knowledge and understanding of Crohn's disease and Ulcerative colitis, collectively known as Inflammatory Bowel Disease (IBD). Whilst seeking the cause and cure the charity continued to arrange support and information for parents and children through regional meetings in the UK giving all ages the opportunity to hear from members of the medical profession in a relaxed setting. Children and young people can ask questions of the medics in age related discussion groups while the parents join rotating groups covering various aspects of IBD. The charity also continued to raise awareness amongst the general public of the devastating effect this condition continues to have on young lives.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The principal objects for which the Society is established are for the relief of persons suffering from, and to promote and advance public education and research into, Crohn's Disease, Ulcerative Colitis and related disorders.

Public benefit

The trustees have referred to the Charity Commission's general guidance on Public Benefit when reviewing their aims and objectives.

Grantmaking Policy

To meet one of its primary objectives, the Charity invests in medical research into the causes and treatment of Inflammatory Bowel Disease (Crohn's Disease and Ulcerative Colitis), particularly as it affects children and young adults. Applications for research funding are invited from relevant medical and scientific institutions and are then subjected to a rigorous peer review process, involving independent specialist referees and the CICRA Awards Advisory

Panel. Typically the research awards fall within four categories: 3-year Research Training Fellowships, 3-year PhD Studentships, 1-2 year research projects and grants for specific statistical projects related to IBD in childhood. Bursary grants to help with the costs of UK based health professionals and students in training (doctors, nurses and final year medical students) involved in IBD research, attending scientific/medical meetings, are awarded at the discretion of the Trustees.

ACHIEVEMENT AND PERFORMANCE

Governance, Management & Human Resources

Governance, Management & Human Resources

At the Annual General Meeting held in Newcastle on 6th July 2019 one Trustee Neil Gooding stood down and was reelected for a further 3 year term. Mrs Sally McNaught, co-opted to the Trustee Board in November 2017, had to resign for personal reasons as did Mr Rod Mitchell.

During 2019 the CEO, Nick Posford, was responsible for the day to day running of the office, the staff and carrying out strategic plans as agreed with the Trustees. He also represented CICRA on several committees. Trustee/Treasurer, Simon Coleman continued to be responsible for financial affairs. Chair, Margaret Lee continued to be responsible for the research process, the day to day accounting, working with accountants Tudor John LLP, and carrying out general office and support work.

Other Trustees undertook additional activities in connection with specific areas of work such as the CICRA IBD Family Information days, attending medical meetings and fundraising.

Report of the Trustees for the year ended 31 December 2019

ACHIEVEMENT AND PERFORMANCE

Research

The principal objective of the charity is to raise funds to maintain and expand a research programme to help bring about better treatments and quality of life for children and young adults with Inflammatory Bowel Disease. Also to discover, through good basic science, the cause and an eventual cure. Since its foundation in 1978 CICRA has funded 25 Training Fellowships, 24 PhD Studentships 62 Research Projects and set up the first Paediatric Gastroenterology Laboratory in the UK.

During the period under review CICRA continued the funding of the following research programme:

Fellowships

Dr Marco Gasparetto (2016 - 2019) a 3 year Fellowship under the direction of Dr Rob Heuschkel and Dr Matt Zilbauer, Addenbrookes Hospital, Cambridge

PhD Studentships

Daniel Brice (2016 - 2019) a 3 year PhD studentship under the direction of Dr Mairi McLean, Aberdeen. Rai Shashank (2016 - 2019) A 3 year PhD studentship under the direction of Professor Tom Wileman

Research Projects

Renewal of a regular consumables grant to support the work undertaken in the Paediatric Gastroenterology Laboratory at St Bartholomew's & The Royal London Hospital.

Eight bursary grants and 3 John Earnshaw Awards

To ensure transparency and appropriate application of CICRA funds, the Trustees follow a strict Peer Review system using external referees from the UK and other countries, and their own appointed Awards Advisory Panel (AAP), all working in an honorary capacity. Based upon the recommendations of the Awards Advisory Panel and AAP Chairman, the Trustees make the final decision and

support with the exception of the very minor grants. Annual written reports are required for all awards and are reviewed by the Trustees and Medical Advisors. CICRA encourages the publication of both positive and negative research results.

The Trustees retain flexibility as to the timing and scale of grant making. The 2018 advertisement for applications for 2019 PhD studentships or Research Projects produced a lower response to the call than normal. Following Peer Review a decision was taken to fund just one project by Dr Annabel David at Oxford University.

Following the 5 year audit by the Association of Medical Research Charities CICRA received the AMRC Certificate of Good Practice which enables the charity to use the AMRC 2015 audit logo to show that our process for granting awards is of a high standard. A further audit will take place in 2020

Report of the Trustees for the year ended 31 December 2019

ACHIEVEMENT AND PERFORMANCE

Information and Support

CICRA works with Regional Paediatric Centres, specialist units and also district general hospitals across the UK who treat children with IBD and who distribute 'Parent Packs' to the parents of newly diagnosed children.

CICRA works closely with Paediatric IBD specialist nurses at various paediatric gastroenterology units around the country, their regular contact with the young patients and families is much appreciated.

CICRA 'Can't Wait' cards are available for children to help them explain their condition when in urgent need of a toilet.

Five very successful regional IBD Information Days were held in Plymouth, Newcastle and London in 2019 giving over 550 parents and youngsters, affected by IBD, the opportunity to meet with others, hear what CICRA is doing to help and most importantly to learn more about the condition from the medical professionals. The feedback proved how much these meetings are appreciated by families trying to cope with a very complex illness.

- Knowing that research is moving towards a cure and effective use of medications closer.
- CICRA an amazing small charity, that does BIG things.
- Top rate, as a retired GP I was pleasantly surprised at the range and quality of the speakers/experts and speaks volumes about the work CICRA does.
- Really useful, great opportunity to speak with the 'experts' and ask questions.

 My daughter hadn't laughed like that in months and was absolutely buzzing on way home.
- Our son was really excited to attend the day. He really enjoyed it. Yes, he wants to go again.
- Just attended a fantastic informational day in Newcastle by CICRA. Bonus to meet others in similar situations
- A great first impression of a practical and helpful charity who do lots to support their aims.
- Our family came away more informed and humbled.
- My first IBD family information day and it was just what I needed
- The information I received was and is SO valuable. I was so happy to see my son interacting
- . It was amazing to have all those families affected by IBD together and hearing from so many different doctors
- The panel session was brilliant, so informative.
- The discussion groups were excellent, I was able to get much support and know how I should move forward.
- Thank you for a great day. Very informative, especially for me as a dad new to this. Hugely impactful!
- Young speakers were amazing, I was fighting back tears, thanks so much for sharing your journey with us
- My son made friends and was able to feel comfortable, amazing because he didn't want to go!!
- Excellent speakers and lots of opportunity to talk to experts.
- CICRA, you are a truly excellent charity
- I'm so thankful that CICRA exists and that we can refer to it when we need help and have any question.

In 2019, a grant from the Global Make Some Noise Appeal gave CICRA the opportunity to appoint a Family Support Worker on a two year fixed contract.

During her first six months the Family Support Worker made contact with parents of children with IBD offering them support with various problems, mostly schools and emotional support and held half day workshops in Newcastle, Suffolk, Belfast and Cardiff.

During 2019 with funding from Amgen Pharmaceutical, a series of videos were commissioned featuring young people and members of the medical profession. They will be shown widely on our website, social media and YouTube.

Report of the Trustees for the year ended 31 December 2019

ACHIEVEMENT AND PERFORMANCE

Increasing awareness

In the period under review the Chair, other Trustees and the CEO took up invitations to participate in several medical meetings, which provide networking opportunities with health professionals and healthcare policymakers. Also to learn about the latest developments in treatments and possible causes of Inflammatory Bowel Disease, especially in the young. Trustees are very actively involved in these events and in 'manning' the CICRA information stand so Trustee's expenses, as shown in the accounts, reflect this extra 'hands on' often very full day activity. It should be noted that Trustees do not receive any remuneration and only claim travel and budget style overnight accommodation expenses, in line with the charity's expenses guidelines.

The CICRA newsletter compiled and edited by the CEO, trustees and staff, along with the website and social media, publicise the effect that Inflammatory Bowel Disease can have on children, and for the public to become more aware of their needs.

CICRA continues to publish easy to understand information booklets and in 2019 renewed their Parent's Guide to IBD and other publications

The CICRA website, twitter and facebook accounts all have an increased following.

Membership

CICRA does not charge a fixed membership fee as the Trustees continue to believe that all parents of children affected by Crohn's disease and Ulcerative colitis should have access to CICRA literature and information on their child's condition, regardless of their financial position, but they invite members to make a donation as and when they wish, or are in a position to do so. All literature is issued free of charge. Membership is open to patients, parents, their families and friends, medical professionals and anyone interested in furthering the understanding of, and research into, inflammatory bowel disease in children and young adults.

CICRA members fundraising

CICRA members continue to raise much needed funds to support the Research and Parent Information programmes for which the Trustees are very grateful

CICRA Volunteers

Both nationally and at Head Office CICRA is fortunate to have the services of a number of volunteers. Various activities carried out from the CICRA office give volunteers the opportunity to help on a regular or ad-hoc basis. Nationally volunteers are active by organising their own fund raising events. Individuals who take part in sponsored events are a very popular way of raising funds for CICRA.

Links with other organisations

CICRA is a member of the Association of Medical Research Charities (AMRC), the National Institute for Health Research (NIHR), the National Council for Voluntary Organizations (NCVO) and is registered with the Fundraising Regulator. CICRA continues to work with BSPGHAN (British Society of Paediatric Gastroenterology Hepatology and Nutrition), the BSPGHAN Public Patient Participation (PPP) representative and the five associated gastro charities, CICRA exchanges newsletters and information with the many national and international organizations dealing with Inflammatory Bowel Disease and responds to enquiries from overseas, sign posting also to sister organisations as appropriate.

Report of the Trustees for the year ended 31 December 2019

FINANCIAL REVIEW

Financial position

As of end of December 2019 the accumulated funds stood at £565,737, of which £535,107 represented unrestricted funds. Research commitments for 2019/2020 and detailed in Note 18 to the accounts amount to £36,534 In the year under review legacies accounted for £2133, Trust income £69,825 other activities and donations £215,863 and investment income £ 2,684.

Of the £565,837 accumulated funds as at 31st December 2019, £352,621. is in Fixed Deposit Cash Funds.. Other surplus funds are in accounts with CAF, COIF and NatWest. The portfolio was rebalanced following the annual review of the "reserves" during 2019.

Investment policy

The charity's constitution authorises the trustees to make and hold investments using the funds of the charity. There are no restrictions on the trustees' power to invest, although the trustees take appropriate advice before making any investments that carry more than a low degree of risk.

Reserves policy

CICRA has no significant secure income, relying almost totally on voluntary contributions, donations, grants and fund-raising activities. In consequence the trustees believe that it is essential to have sufficient funds to ensure continuity in the event of a temporary reduction in income. The trustees have agreed a policy to hold reserves on deposit equal to a minimum of six months operational expenses. At the end of 2019 these costs amounted to £163,000 While total unrestricted funds stood at £335,573, the charity has currently committed £36,534 of those funds to Peer Reviewed Research Grants with payments due to the year 2020.

Report of the Trustees for the year ended 31 December 2019

OUTLOOK

Whilst preparing these accounts, we were faced with lockdown due to the Coronavirus pandemic. Like other charities, fundraising ceased overnight so the Trustees embarked on a series of virtual meetings to considers the position. Being half-way through the annual 'peer review process' for research applications, the Trustees had to consider whether they could continue with this or whether, in the next few months, they would need to use some of the unrestricted research reserves. It was decided to continue with the research process but fund less than planned until future cash flows were clearer. Following a rigorous peer review it was decided to commit £100,000 to funding a two year multi centre research project under the direction of Professor Holm Uhlig at Oxford University.

Appeals have been made to members and their families and the response has been very good, with donations and virtual fundraising, but we know that 2020/21 will be very uncertain and difficult years. However, we will continue to raise funds by whatever means we can.

It is vital that we continue to fund peer reviewed research and to support the families and young people diagnosed with Crohn's disease and Ulcerative Colitis which continues to increase, both in the UK and across the world for which neither cause nor cure are yet known, Good progress has been seen from research in both the understanding of these difficult to manage long term conditions and the development of new treatments, but we are also conscious of the possible side effects of medication on young children. With a dramatic rise in the Very Early Onset IBD being diagnosed (VEOIBD) it is vital that we continue, bearing in mind the impact of these lifelong debilitating diseases on the families.

Our Family Support Worker will continue to find ways to help the families affected, particularly with the lack of understanding of this long term condition by some of the schools.

The CICRA Trustees will continue to review and manage the charity as best they can during the pandemic and economic turndown. They will do all they can to continue as far as possible with the research and support programmes. In light of the pandemic, most activities will have to be re-planned to conform with the current changing situation.

STRUCTURE, GOVERNANCE AND MANAGEMENT Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The Crohn's in Childhood Research Association (CICRA), an unincorporated charitable association, is registered in England & Wales under Charity Number 278212 and in Scotland under Charity Number SC040700. CICRA is governed by an amended constitution adopted at the Annual General Meeting on 14 October 1989.

Report of the Trustees for the year ended 31 December 2019

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

The board of trustees shall be not less than six and not more than twelve members of the Association elected at the Annual General Meeting. The trustees have the power to co-opt members to fill a casual vacancy or as an addition to the existing trustees. One third of the members of the Board shall retire each year in order of seniority but may be eligible for re-election

The Trustees meet on average every six weeks and are responsible for determining policies, the budget and overall management of the charity. The small staff team and office volunteers are responsible for undertaking the day-to-day running of the Association under the guidance of the CEO, carrying through the policies, budget and day to day administration as determined by the Board of Trustees. As well as representing the charity at medical meetings some Trustees continue to actively assist in the office and in the organisation of events.

Induction and training of new trustees

New Trustees co-opted during the year, or elected at the AGM, are given an induction course by the Chair outlining the objects as set out in the Constitution, the roles of the other Trustees, the present financial standing of the charity and its commitments. Trustees are asked to take on or share responsibility for overseeing a certain aspect of the charity i.e. research, finance, communication technologies, outreach and support, etc.

Risk management

The trustees continue to regularly examine the strategic, business and operational risks to which the charity is exposed, and confirm that they have put in place systems to mitigate those risks as far as they are able to do.

REFERENCE AND ADMINISTRATIVE DETAILS

Reg. Charity Numbers

Eng & Wales 278212 Scotland SC040700

Principal address

Pat Shaw House 13-19 Ventnor Road Sutton Surrey SM2 6AQ

Trustees

Mrs M Lee MBE
S Coleman
N Gooding
G Lee
P Cooper
Dr P Smith
Dr D O'Neill - resigned July 2019
Mrs R Mitchell - resigned July 2019
Mrs S McNaught - resigned 2019
Mrs N Pitney-Hall (Co-opted Feb 2020)
Ms C Malloy (Co-opted Feb 2020)

CEO

Nick Posford

Independent Examiner

Tudor John Limited
Nightingale House
46-48 East Street Epsom Surrey
KT17 1HQ

Report of the Trustees for the year ended 31 December 2019

REFERENCE AND ADMINISTRATIVE DETAILS

Hon. Awards Advisory Panel

Professor I Sanderson (Chairman)
Professor S Ennis
Dr J Epstein
Dr R Heuschkel
Professor T MacDonald
Dr S Protheroe
Dr N Thapar

Professor H Uhlig

Professor D Wilson

Hon. Clinical Director

Dr R Hansen

	03/11/2020		
Approved by order of the board of trustees on	03/11/2020	and signed on its behalf h	v:
Approved by order of the board of fiduces on	***************************************	and pigned on to commit o	,

Mrs Margaret Lee - Trustee

Magany Lea

Independent Examiner's Report to the Trustees of Crohn's in Childhood Research Association

Independent examiner's report to the trustees of Crohn's in Childhood Research Association

I report to the charity trustees on my examination of the accounts of Crohn's in Childhood Research Association (the Trust) for the year ended 31 December 2019.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

TO M. DE

H. M. Day BSc FCA DChA ICAEW Tudor John Limited Nightingale House 46-48 East Street Epsom Surrey KT17 1HQ

Date: H+W November 2000

Statement of Financial Activities for the year ended 31 December 2019

		Unrestricted funds	Restricted funds	2019 Total funds	2018 Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM Donations and legacies		171,836	88,167	260,003	468,598
Other trading activities Investment income	2 3	22,989 2,684	4,829 -	27,818 2,684	21,584 5,143
Total		197,509	92,996	290,505	495,325
EXPENDITURE ON Raising funds	4	90,325	_	90,325	87,896
Raising funds	•	70,525		, 0,525	07,070
Charitable activities	5	20.005	11.073	41 170	222 202
Research Support and information programme		29,905 138,770	11,273 64,007	41,178 202,777	233,293 177,204
Other		8,225		8,225	5,912
Total		267,225	75,280	342,505	504,305
NET INCOME/(EXPENDITURE)		(69,716)	17,716	(52,000)	(8,980)
RECONCILIATION OF FUNDS					
Total funds brought forward		604,823	12,914	617,737	626,717
TOTAL FUNDS CARRIED FORWARD		535,107	30,630	565,737	617,737

Balance Sheet 31 December 2019

		Unrestricted funds	Restricted funds	2019 Total funds	2018 Total funds
A GOTTON	Notes	£	£	£	£
FIXED ASSETS Tangible assets	11	2,416	_	2,416	4,320
Investments	12	352,621	-	352,621	350,853
		355,037	**	355,037	355,173
CURRENT ASSETS					
Stocks	13	3,147	-	3,147	3,749
Debtors	14	40,841	-	40,841	40,058
Cash at bank		171,069	51,463	222,532	287,538
		215,057	51,463	266,520	331,345
CREDITORS Amounts falling due within one year	15	(34,987)	(20,833)	(55,820)	(68,781)
NET CURRENT ASSETS		180,070	30,630	210,700	262,564
TOTAL ASSETS LESS CURRENT LIABILITIES				565,737	617,737
NET ASSETS		535,107	30,630	565,737	617,737
FUNDS	17				······································
Unrestricted funds				535,107	604,823
Restricted funds				30,630	12,914
TOTAL FUNDS				565,737	617,737
The financial statements were approve	ed by the		Trustees and	authorised fo	r issue on

.03/11/2020..... and were signed on its behalf by:

S Coleman - Trustee

Mrs M E Lee - Trustee

M Jul Loo

Notes to the Financial Statements for the year ended 31 December 2019

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value.

FINANCIAL REPORTING STANDARD 102 - REDUCED DISCLOSURE EXEMPTIONS

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

the requirements of Section 7 Statement of Cash Flows.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment Furniture and equipment

33% straight line 20 - 33% straight line

STOCKS

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

TAXATION

The charity is exempt from tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

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Notes to the Financial Statements - continued for the year ended 31 December 2019

1. ACCOUNTING POLICIES - continued

PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

INVESTMENTS

Investments are shown in Balance Sheet at the year end market value. Any unrealised gains or losses on revaluation are accounted for in the period in which they arise. Realised and unrealised gains and losses are combined in the appropriate section of the SOFA.

2	OTHER T	TRADING.	ACTIVITIES

2.	OTHER TRADING ACTIVITIES		
		2019	2018
		£	£
	Merchandise (incl xmas)	8,717	9,580
	Christmas/summer draw	12,343	5,441
	200 Club	6,758	6,563
		27,818	21,584
		***************************************	***************************************
3.	INVESTMENT INCOME	2010	2010
		2019	2018
		£	£
	Schroder Investment interest	1,768	4,757
	Deposit account interest	18	6
	COIF Deposit	898	380
		2,684	5,143
4.	RAISING FUNDS		

RAISING DONATIONS AND LEGACIES

RAISING DONATIONS AND LEGACIES		
	2019	2018
	£	£
Staff costs	22,689	18,402
Trustees' expenses	827	985
Postage and stationery	2,859	5,781
Office costs (40%)	19,397	18,980
Marketing and advertising	378	1,513
Legal and bank costs	311	14
Lotteries	5,842	4,386
Other fundraising expenses	27,463	31,310
Staff expenses	565	26
Outsourcing	2,723	2,699
	83,054	84,096

Notes to the Financial Statements - continued for the year ended 31 December 2019

5. CHARITABLE ACTIVITIES COSTS

5.	CHARITABLE ACTIVITIES COSTS			
	Research Support and information programme	Direct Costs (see note 6) £ 7,593 202,777	Grant funding of activities £ 33,585	Totals £ 41,178 202,777
		210,370	33,585	243,955
6.	Staff costs Trustees' expenses Postage and stationery Office costs (60%) Marketing and advertising		2019 £ 90,661 4,512 5,309 29,095 28,128	2018 £ 76,749 5,459 10,735 28,469 27,571
	Family meetings Legal fees Volunteer expenses Outsourcing Staff expenses Depreciation		38,163 467 - 4,085 8,047 1,903	29,339 21 68 4,049 1,430 1,903
			210,370	185,793

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2019 nor for the year ended 31 December 2018.

TRUSTEES' EXPENSES

IIOO LALIA III III III III III III III III I	2019	2018
	£	£
Trustees' expenses	5,339	6,444
•		

No Trustee received any remuneration for their services as a Trustee. A total of £5,389 (2018: £6,423) was reimbursed to 5 Trustees (2018: 4) of which £887 (2018: £861) was for governance purposes. Four Trustees carry out tasks in furtherance of the charity's objectives on an expenses only basis and these costs have been allocated as appropriate to Research, Support & Information and Cost of Generating funds.

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Notes to the Financial Statements - continued for the year ended 31 December 2019

8. STAFF COSTS

The average monthly number of employees during the year was as follows:

	Administration		2019 4	2018
	No employees received emoluments in excess of £60,000.			
9.	COMPARATIVES FOR THE STATEMENT OF FINANCIAL	ACTIVITIES Unrestricted funds £	Restricted funds £	Total funds £
	INCOME AND ENDOWMENTS FROM Donations and legacies	372,557	96,041	468,598
	Other trading activities Investment income	16,098 5,143	5,486	21,584 5,143
	Total	393,798	101,527	495,325
	EXPENDITURE ON Raising funds	86,462	1,434	87,896
	Charitable activities Research Support and information programme	170,290 151,028	63,003 26,176	233,293 177,204
	Other	5,912	-	5,912
	Total	413,692	90,613	504,305
	NET INCOME/(EXPENDITURE)	(19,894)	10,914	(8,980)
	RECONCILIATION OF FUNDS			
	Total funds brought forward	624,717	2,000	626,717
	TOTAL FUNDS CARRIED FORWARD	604,823	12,914	617,737

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Notes to the Financial Statements - continued for the year ended 31 December 2019

10. GRANTS FOR RESEARCH

The charge for the year is made up as follows:

	Creditor brought forward Payments during year Creditor carried forward	_	2019 £ (36,896) 57,103 1,700	2018 £ (66,055) 237,484 36,896
			21,907	208,325
	Included in the above are the following grants greater than £1,000	:		
	East Anglia University Aberdeen Grants <£1,000			2019 £ 5,515 15,731 661
	Grand W1,000			21,907
11.	TANGIBLE FIXED ASSETS	Improvements to property £	Fixtures and fittings £	Totals £
	COST At 1 January 2019 and 31 December 2019	3,850	49,156	53,006
	DEPRECIATION At 1 January 2019 Charge for year	1,797 770	46,889 1,134	48,686 1,904
	At 31 December 2019	2,567	48,023	50,590
	NET BOOK VALUE At 31 December 2019	1,283	1,133	2,416
	At 31 December 2018	2,053	2,267	4,320

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Notes to the Financial Statements - continued for the year ended 31 December 2019

12.	FIXED ASSET INVESTMENTS		
		2019	2018
		£	£
	Other	352,621	350,853
		352,621	350,853
	There were no investment assets outside the UK.		
	Investments (neither listed nor unlisted) were as follows:		
		2019	2018
		£	£
	Schroders Fixed Deposit account	352,621	350,853
13.	STOCKS	2019	2018
		£	2016 £
	Stocks	3,147	3,749
14.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
14.	DEDIORS, AMOUNTS PARENTED DOE WITHIN OND TEAM	2019	2018
		£	£
	Other debtors	3,482	460
	Prepayments and accrued income	37,359	39,598
		40,841	40,058
15.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
10.		2019	2018
		£	£
	Trade creditors	25,641	24,178
	Taxation and social security	3,098	2,302
	Other creditors	27,081	42,301
		55,820	68,781

Notes to the Financial Statements - continued for the year ended 31 December 2019

16. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

			2019	2018
			£	£
Within one year			35,263	35,263
			26,447	61,710
•			<u></u>	
			61,710	96,973

MOVEMENT IN FUNDS				
		Net	Transfers	
		movement	between	At
	At 1.1.19	in funds	funds	31.12.19
	£	£	£	£
Unrestricted funds				
General fund	559,501	(69,716)		498,573
Designated fund	45,322	-	(8,788)	36,534
	604,823	(69,716)	-	535,107
Restricted funds				
Support meetings	3,324	5,364		8,688
Family Days	5,000	11,000	-	16,000
Research grants	4,590	(1,444)	-	3,146
Global Make Some Noise				2,796
	12,914	17,716	-	30,630
TOTAL FUNDS	617,737	(52,000)		565,737
Net movement in funds, included in the	above are as follows:	***************************************		
		Incoming	Resources	Movement
		_		in funds
		£	£	£
Unrestricted funds				
G 10 1				
General fund		197,509	(267,225)	(69,716)
		197,509	(267,225)	(69,716)
Restricted funds		197,509 22,000	(267,225)	(69,716) 5,364
Restricted funds Support meetings				
Restricted funds		22,000 26,500 9,829	(16,636) (15,500) (11,273)	5,364
Restricted funds Support meetings Family Days		22,000 26,500	(16,636) (15,500)	5,364 11,000 (1,444)
Restricted funds Support meetings Family Days Research grants		22,000 26,500 9,829	(16,636) (15,500) (11,273)	5,364 11,000
Restricted funds Support meetings Family Days Research grants Parenting packs		22,000 26,500 9,829 5,500	(16,636) (15,500) (11,273) (5,500)	5,364 11,000 (1,444)
	General fund Designated funds Restricted funds Support meetings Family Days Research grants Global Make Some Noise TOTAL FUNDS Net movement in funds, included in the	MOVEMENT IN FUNDS At 1.1.19 £ Unrestricted funds General fund 559,501 Designated fund 45,322 604,823 Restricted funds Support meetings 3,324 Family Days 5,000 Research grants 4,590 Global Make Some Noise 12,914 TOTAL FUNDS 617,737 Net movement in funds, included in the above are as follows:	MOVEMENT IN FUNDS	Within one year 35,263 Between one and five years 26,447 MOVEMENT IN FUNDS Net movement in funds £ Transfers between in funds £ Lunrestricted funds 559,501 (69,716) 8,788 General fund 45,322 - (8,788) Pestricted funds 604,823 (69,716) - Restricted funds 3,324 5,364 - Support meetings 3,324 5,364 - Family Days 5,000 11,000 - Research grants 4,590 (1,444) - Global Make Some Noise 12,914 17,716 - TOTAL FUNDS 617,737 (52,000) - Net movement in funds, included in the above are as follows: Incoming resources expended £ expended

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Notes to the Financial Statements - continued for the year ended 31 December 2019

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.18	Net movement in funds £	Transfers between funds £	At 31.12.18 £
Unrestricted funds				
General fund	312,380	(19,894)	267,015	559,501
Designated fund	312,337	-	(267,015)	45,322
	624,717	(19,894)		604,823
Restricted funds		2.224		2 224
Support meetings	-	3,324	-	3,324
Family Days	-	5,000	-	5,000
Research grants	2,000	2,590	-	4,590
	2,000	10,914	_	12,914
TOTAL FUNDS	626,717	(8,980)	MA .	617,737
Comparative net movement in funds, included in	the above are as	follows:		

Incoming resources	Resources expended	Movement in funds
£	£	£
393,798	(413,692)	(19,894)
16,750	(13,426)	3,324
5,000	_	5,000
67,027	(64,437)	2,590
12,750	(12,750)	
101,527	(90,613)	10,914
495,325	(504,305)	(8,980)
	16,750 5,000 67,027 12,750	resources expended £ 393,798 (413,692) 16,750 (13,426) 5,000 - 67,027 (64,437) 12,750 (12,750) 101,527 (90,613)

Notes to the Financial Statements - continued for the year ended 31 December 2019

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

		Net movement	Transfers between	At
	At 1.1.18 £	in funds £	funds £	31.12.19 £
Unrestricted funds	~	~		••
General fund	312,380	(89,610)	275,803	498,573
Designated fund	312,337	-	(275,803)	36,534
	624,717	(89,610)	_	535,107
Restricted funds				
Support meetings	~	8,688	-	8,688
Family Days		16,000		16,000
Research grants	2,000	1,146	-	3,146
Global Make Some Noise		2,796	-	2,796
	2,000	28,630	-	30,630
TOTAL FUNDS	626,717	(60,980)	-	565,737

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds General fund	591,307	(680,917)	(89,610)
Restricted funds			
Support meetings	38,750	(30,062)	8,688
Family Days	31,500	(15,500)	16,000
Research grants	76,856	(75,710)	1,146
Parenting packs	18,250	(18,250)	-
Global Make Some Noise	29,167	(26,371)	2,796
	194,523	(165,893)	28,630
TOTAL FUNDS	785,830	(846,810)	(60,980)

Support Meetings

This fund represents amounts donated to CICRA towards the cost of the Support Meetings held.

Research Grants

This fund represents amounts donated to CICRA towards the cost of Research Grants.

Parenting Packs

This fund represents amounts donated to CICRA towards the costs of providing parenting packs.

Global Make Some Noise

This fund represents amounts donated to CICRA by the Global Make Some Noise Charity towards the cost of a support worker.

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Notes to the Financial Statements - continued for the year ended 31 December 2019

18. OTHER FINANCIAL COMMITMENTS

At 31st December the charity had future grant commitments totalling £36,534 (2018 £45,322).

19. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2019.