bake, eat and make a difference!

raise funds for children with Crohn's and colitis

Why not mark World IBD Day on 19th May with a special CICRA bake sale?



Celebrate your birthday or the start of a new season with a cake-filled event to raise vital funds to support children with Crohn's and colitis. Hold one at your workplace, school or home and invite colleagues, friends and family.

Everyone bring a cake, collect a donation for every slice, pop on the kettle and indulge! Why not have a special Sunday afternoon tea? You could make it period drama fancy dress to match your favourite Sunday TV programme and give prizes for the best dressed and the best cake.

Just £50 can help children and their families understand and cope with their condition by supporting our information booklets, family days and research. share your cake photos with us #cakesforcrohns #cakesforcolitis @cicracharity

We can provide you with posters, a fundraising guide and a t-shirt for the organiser.

It's a simple and easy way to help raise awareness, so organise yours today and make a big difference for young people with IBD.

For more information and to register your interest email **fundraising@cicra.org** or visit

cicra.org/cake

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